

SportsDo Quick Start Guide

This Guide is intended to quickly enable the user to access the main features of SportsDo. It is not intended to be a complete reference Guide – for this user's should refer to the SportsDo User Guide for their handset. We feature 4 main types of manufacturer because there are too many different types of handset to document them all. We have chosen Windows Mobile devices, Sony Ericsson, Motorola and Nokia to document but even within this set you may find slight differences in the menus to those listed between devices.

GPS set up

It is important that you get your GPS device charged up, switched on and fixed on the satellites before trying to begin a SportsDo activity. Sometimes this can take up to 10 minutes and should be done outside so that the device has a clear view of the sky.

Start Up

1. Make sure Bluetooth is enabled on your phone.
2. Start SportsDo application
 - a. On Windows Mobile – **Start Menu -> Programs- > SportsDo**
 - b. On Sony Ericsson – **Menu-> Organiser-> My Applications-> SportsDo**
 - c. On Motorola – **Menu -> Games & Apps-> SportsDo**
 - d. On Nokia – **Menu-> Applications-> SportsDo**

GPS Connection

If your GPS device is switched on, SportsDo should automatically see it when it scans for a GPS on opening. If it doesn't for some reason, make sure Bluetooth is enabled on your phone and do the following:

- a. On Windows Mobile – **Menu -> Scan GPS**
- b. On Sony Ericsson – **More-> Scan for GPS**
- c. On Motorola – **Menu -> Scan for GPS**
- d. On Nokia – **Options-> Scan for GPS**

This should start SportsDo to scan for the Bluetooth GPS device and connect with it. When this is successful, you will see a message at the bottom left of the screen which will show your position or show that it is waiting to acquire your position.

New Activity

Start a new activity

- a. On Windows Mobile - **New -> Start**
- b. On Sony Ericsson - **New -> Start**
- c. On Motorola - **New-> Start**
- d. On Nokia – **Options-> New**

Uploading an activity

Upload an existing activity to the SportsDo web site (www.sportsdo.net) select the activity from the activity list and

- a. On Windows Mobile – **Menu-> Upload**
- b. On Sony Ericsson – **More-> Upload**
- c. On Motorola – **Menu->Upload**
- d. On Nokia – **Options-> Upload**

Editing an activity

You can change certain details for an activity such as type and add a description using the Edit function.

- On Windows Mobile - **Menu -> Edit**
- On Sony Ericsson - **More -> Edit**
- On Motorola - **Menu-> Edit**
- On Nokia – **Options-> Edit**

do this separately **Options-> Options -> SportsDo Live**

It is important to remember to upload your entire activity once completed otherwise the portal will not have complete data for your activity and will show “No data”.

Deleting an activity

Delete an existing activity from your phone, select the activity from the activity list and

- On Windows Mobile – **Menu -> Delete**
- On Sony Ericsson – **More-> Delete**
- On Motorola – **Menu-> Delete**
- On Nokia – **Options-> Delete**

Changing Distance Units

You can alter the distance units between miles and metres

- On Windows Mobile – **Menu-> Options-> Units and Values**
- On Sony Ericsson – **More-> Options-> Units and Values**
- On Motorola – **Menu-> Options-> Units and Values**
- On Nokia – **Options-> Options-> Units and Values**

Live Activity

A live activity will allow your data to be uploaded to the website (www.sportsdo.net) periodically throughout your activity allowing others to track you live during it. On java-based phones such as Sony Ericsson, Motorola and Nokia, this is the default setting for an activity.

To set up a live activity

- On Windows Mobile – **Menu -> Options -> SportsDo Online**. Enter a value for the update period such as 5 for updating to the web every 5 minutes.
- On Sony Ericsson – **New->** and make sure that the **Live** box is ticked. To change the update period you need to do this separately **More-> Options -> SportsDo Live**
- On Motorola - **New->** and make sure that the **Live** box is ticked. To change the update period you need to do this separately **Menu-> Options -> SportsDo Live**
- On Nokia - **Options-> New** and make sure that the **Live** box is ticked. To change the update period you need to